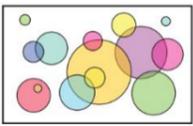


## Distance Learning Weekly Planner Kwela 2 Year 1/2 Week 3 Term 2

*These resources have been made available by the Department of Education Western Australia in response to COVID-19 on 4/05/2020 for your educational purposes. Do not distribute these resources for any other purpose.*

Activities in red have a resource and/or a worksheet in the pack.

Writing in blue is hyperlinked to a website.

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Literacy</b>	<p>Read your Week 1 comic <b>Pat</b>. After reading it, write down all the <b>at</b> words into your <b>scrapbook</b>. You can use different colours.</p> <p>Go on <a href="#">Reading Eggs</a> (app or website) and try and pass a level.</p> <p><b>Listen to the story:</b></p>	<p>Re-read <b>Pat</b>. Using your <b>alphabet cards</b>, and make as many <b>at</b> words as you can and write them on your whiteboard.</p> <p style="text-align: center;"><b>Handwriting</b></p> <p>Trace over the letters on the <b>alphabet chart</b> (make sure you follow the arrows) to form the letters properly. Have a go at writing the alphabet yourself on your whiteboard. Remember to start and finish at the right spot. Have a look at your alphabet chart if you need to.</p>	<p>Re-read <b>Pat</b>. Using your <b>alphabet cards</b>, and make as many <b>at</b> words as you can and write them on your whiteboard.</p> <p>Go on <a href="#">Reading Eggs</a> (app or website) and try and pass a level.</p>	<p>Re-read <b>Pat</b>. In your <b>scrapbook</b> write down all the words that rhyme with <b>pat</b>.</p> <p>Go on <a href="#">Reading Eggs</a> (app or website) and try and pass a level.</p>	<p style="text-align: center;"><b>Phonics Treasure Hunt</b></p> <p>Read the items on Set 3 of your <b>Phonics Treasure Hunt</b> checklist. Then, walk around your house, find the items listed and take a photo or draw a picture.</p>
<b>Mathematics</b>	<p>Orally practice counting to 20. If this is too easy, begin at different numbers and continue counting to 20.</p> <p><b>Challenge:</b> Can you keep going past 20? How far can you get?</p> <p>Complete the <b>number chart</b> by filling in each square to 20.</p>	<p style="text-align: center;"><b>Shape</b></p> <p>What can you remember about 2D shapes? Complete the worksheet <b>Can you find me?</b> and glue it into your <b>scrapbook</b> when you're done.</p>	<p>Trace over the numbers 1-20 on your <b>Alphabet and Number chart</b>. Then practice writing the numbers yourself on your <b>whiteboard</b>.</p>	<p style="text-align: center;"><b>Shape</b></p> <p>Complete the activity <b>2D shape maker – Spin it-Make it</b>. Spin up a shape (using a pencil &amp; paper clip) and then create it using the matchsticks or pop sticks in your pack. Once you've done that, draw it in your <b>scrapbook</b> and write what the shape is.</p>	<p>Using the <b>0-9 digits</b> in your number pack, make up 2 digit numbers up to 20, say them and write them on your whiteboard.</p>
<b>History</b> <b>Geography</b> <b>Science</b> <b>Digital Technologies</b> <b>Design &amp; Technologies</b> <b>Visual Arts</b>	<p style="text-align: center;"><b>Geography</b></p> <p>Continue to record the weather every day using your <b>weather record sheet</b>.</p> <p>Look for any changes throughout the day. For example: Did the day start of cloudy and then become sunny?</p>	<p><b>Science:</b> Living and Non-Living Things</p> <p>Show your child something that is living e.g. a plant and something that is non-living e.g. a spoon. Discuss the similarities and differences. Watch the video <a href="#">Living and nonliving things</a> to learn about the characteristics of living things. Complete the <b>living and nonliving worksheet</b>.</p>	<p style="text-align: center;"><b>Technologies</b></p> <p>Complete the <b>Unplugged Coding – Algorithms 1 worksheet</b> and glue it into your scrapbook. See if someone at home can complete the maze using only your instructions. How did you go?</p> <p>If possible, download the FREE <a href="#">Box Island</a> App and see how many levels you can pass in 15 minutes.</p>	<p><b>History:</b> Family Celebrations</p> <p>Choose something you celebrate every year with your family. Draw a picture and write about it in your <b>writing book</b>.</p>	<p><b>Visual Arts:</b> 2D Shape Art</p> <p>Choose a 2D shape eg. A triangle, a circle, a square. Create an artwork by drawing the shape in lots of different sizes and colouring them in.</p> 
<b>Life Skills</b>	<p>Help clean up the kitchen after dinner.</p>	<p>Ask your parent/carer or someone else in your house, how to tie a shoe lace. When they have shown you, practice it.</p>	<p>Teach someone in your family how to do something.</p>	<p>Help your parent/carer fold and put away the washing.</p>	<p>Call a family member or a friend and tell them about 3 things you have learnt this week.</p>
<b>Physical Activity &amp; Play</b>	<p>Play hide and seek inside the house.</p>	<p>Play a board or card game with someone.</p>	<p style="text-align: center;"><b>Outside Exercise</b></p> <p>Complete the following:</p>	<p>Play hopscotch using the <b>chalk</b> in your pack.</p>	<p>You choose a physical activity to do either inside or outside. Come up with</p>

# LOCKRIDGE PRIMARY SCHOOL

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			<ul style="list-style-type: none"><li>• Jump 20 times</li><li>• Run on the spot for as long as it takes you to count to 20.</li><li>• Hop on one foot 5 times, then swap to the other leg and do the same</li><li>• Repeat these 2 more times.</li></ul>		a new one or you can do one you've already done over the least week.
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## **Please note:**

## **Additional Curriculum Support:**

- **ABC Education:** Multiple activities for varying subjects <https://education.abc.net.au/home#!/resources>
- **Class Hook:** Online prompts for writing <https://www.classhook.com/>
- **Cosmic Yoga:** Follow along yoga sessions for children to stay active <https://www.youtube.com/watch?v=0ImHIWzP49M&feature=youtu.be>
- **Daily STEM:** PDF's of daily STEM activities for students (includes checklists for simple activities) <http://dailystem.com/resources/>
- **Enhance TV:** Curriculum linked videos and plans (free code: 4LEARNING) <https://www.enhancetv.com.au/>
- **Fun Brain:** Learning based games, videos and books for students to access <https://www.funbrain.com/>
- **GoNoodle:** Keep kids active inside <https://www.gonoodle.com/>
- **Learning A-Z website:** Offering free trial for Raz-Kids and Headsprout <https://www.learninga-z.com/>
- **National Geographic KIDS:** Science/HASS based lesson plans <https://www.natgeokids.com/au/teacher-category/science/>
- **Pobble 365:** Daily writing prompt images <http://www.pobble365.com/>
- **Reading Eggs:** Class teachers will provide specific student login details <https://readingeggs.com.au/>
- **Squiggle Park:** Reading games <https://www.squigglepark.com/dreamscape/>
- **Storyline Online:** Books read through video (Listen to Reading) <https://www.storylineonline.net/>
- **Study Ladder:** Free standard access <https://www.studyladder.com.au/>
- **Teach Starter:** Offering free access to resources <https://www.teachstarter.com/au/blog/covid-19-teach-starters-support-for-schools-teachers-parents-students-affected/>
- **Teach This:** Online resources/games <https://www.teachthis.com.au/>
- **Top Marks:** Online maths game <https://www.topmarks.co.uk/maths-games/hit-the-button>
- **Twinkl:** Access code: CVDTWINKLHELPS: Home-schooling packages [www.twinkl.com/offers](http://www.twinkl.com/offers)
- **Unesco:** A list of educational applications and platforms to help parents <https://en.unesco.org/themes/education-emergencies/coronavirus-school-closures/solutions>
- **Virtual Tours:** Blog post of virtual tour links (students can view what is happening at an aquarium, zoo or museum) <https://chatterpack.net/blogs/blog/list-of-online-resources-for-anyone-who-is-isolated-at-home>
- **Vooks:** Storybooks online <https://www.vooks.com/resources>
- **Writing Legends:** Years 3-6 writing lessons and prompts <https://www.oup.com.au/primary/literacy/writing-legends>

## **Mental Health Support:**

### **Online Counselling**

- **Mood Gym:** [https://moodgym.com.au/?gclid=Cj0KCQjwmdzzBRC7ARIsANdqRRnOQmSIK70tyF2Xy9IfTrJcdUH6v2VuFsWNNkZrI\\_BkwsIXgmy5X0aAtrEALw\\_wcB](https://moodgym.com.au/?gclid=Cj0KCQjwmdzzBRC7ARIsANdqRRnOQmSIK70tyF2Xy9IfTrJcdUH6v2VuFsWNNkZrI_BkwsIXgmy5X0aAtrEALw_wcB)
- **The BRAVE Program:** <https://brave4you.psy.uq.edu.au/>

### **Information and Online Support**

- **Beyond Blue:** <https://www.beyondblue.org.au/the-facts/looking-after-your-mental-health-during-the-coronavirusoutbreak>
- **Department of Health:** <https://www.health.gov.au/news/health-alerts/novel-coronavirus-2019-ncov-health-alert>
- **Headspace:** <https://headspace.org.au/young-people/how-to-cope-with-stress-related-to-covid-19/>
- **Kids Helpline:** <https://kidshelpline.com.au/coronavirus>
- **Lifeline:** <https://www.lifeline.org.au/get-help/topics/mental-health-and-wellbeing-during-the-coronavirus-covid-19-outbreak>
- **World Health Organisation:** <https://www.who.int/emergencies/diseases/novel-coronavirus-2019>

### **Helpful Apps**

- **1 Giant Mind:** <https://www.1giantmind.com/>
- **Cosmic Yoga:** <https://www.youtube.com/user/CosmicKidsYoga>

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- Mind Shift: <https://mindshift.org.au/Activities>
- Reachout Apps: <https://au.reachout.com/tools-and-apps>
- Smiling Mind: <https://www.smilingmind.com.au>
- The Body Coach: <https://www.youtube.com/playlist?list=PLyCLoPd4VxBvPHOpzoEk5onAEbq40g2-k>

## Covid-19 Support for Children

- Talking to Children About COVID-19 (Coronavirus) A Parent Resource: <https://www.nasponline.org/resources-and-publications/resources-and-podcasts/school-climate-safety-and-crisis/health-crisis-resources/helping-children-cope-with-changes-resulting-from-covid-19>
- Video Support: <https://www.youtube.com/watch?v=WhVad8ToCiU>